

Osprey Womens Size Guide

FIND YOUR SIZE

Measurement	XS	S	S Tall	M	M Tall	L	L Tall	XL
Height (ft)	5'2 - 5'3	5'3 - 5'5	5'5 - 5'6	5'4 - 5'7	5'6 - 5'7	5'7 - 5'9	5'8 - 5'10	5'9 - 5'11
Height (cm)	157 - 160	160 - 165	163 - 168	165 - 170	168 - 173	170 - 175	173 - 178	175 - 180
Chest (in)	31 - 33	33 - 35	33 - 35	35 - 37	35 - 37	36 - 38	36 - 38	38 - 40
Chest (cm)	79 - 84	83 - 88	83 - 88	88 - 93	88 - 93	92 - 97	92 - 97	97 - 102
Waist (in)	25 - 27	27 - 29	27 - 29	28 - 30	28 - 30	29 - 31	29 - 31	32 - 34
Waist (cm)	64 - 69	67 - 72	67 - 72	70 - 75	70 - 75	74 - 79	74 - 79	81 - 86

MEASURE YOUR CHEST WAIST AND HEIGHT

Note - We recommend choosing the larger size if in between sizes.



1. CHEST

Relax your arms by your side and measure around the broadest part of your chest.



2. WAIST

Measure around your front from one hip to the other.



3. HEIGHT

Measure from the bottom of your back heel to the top of your head.

Osprey Mens Size Guide

FIND YOUR SIZE

Measurement	XS	S	S Tall	M	M Tall	L	L Tall	XL	2XL	3XL
Height (ft)	5'3 - 5'5	5'5 - 5'7	5'6 - 5'9	5'8- 5'10	5'9 - 5'11	5'10 - 6'	5'11 - 6'1	6' - 6'2	6' - 6'2	6'1" - 6'3
Height (cm)	160 - 165	165 - 170	168 - 175	172 - 178	175 - 180	178 - 183	180-185	183 - 188	183 - 188	185-190
Chest (in)	32 - 34	34 - 36	34 - 36	36 - 38	36 - 38	38 - 40	38 - 40	40 - 42	42 - 44	43 - 45
Chest (cm)	81 - 86	86 - 92	86 - 92	92 - 97	92 - 97	97 - 102	97 - 102	102 - 107	106 - 111	109 - 114
Waist (in)	26 - 28	27 - 29	27 - 29	29 - 31	29 - 31	32 - 34	32 - 34	34 - 36	36 - 38	37- 39
Waist (cm)	66 - 71	69 - 74	69 - 74	74 - 79	74 - 79	81 - 86	81 - 86	86 - 91	90 - 95	95 - 99

MEASURE YOUR CHEST WAIST AND HEIGHT

Note - We recommend choosing the larger size if in between sizes.



1. CHEST

Relax your arms by your side and measure around the broadest part of your chest.



2. WAIST

Measure around your front from one hip to the other.



3. HEIGHT

Measure from the bottom of your back heel to the top of your head.

Osprey Kids Size Guide

FIND YOUR SIZE

Measurement	XS	S	M Short	M	M Tall	L Short	L	L Tall	LX Tall
Height (ft)	3'6 - 3'9	3'9 - 4'3	4'3 - 4'6	4'6 - 4'9	4'8 - 5'	4'8 - 5'	4'9 - 5'2	5'1 - 5'4	5'3 - 5'5
Height (cm)	107 - 114	114 - 130	130 - 137	140 - 145	142 - 152	142 - 152	145 - 157	155 - 163	160 - 165
Chest (in)	24 - 26	26 - 28	27 - 29	30 - 32	32 - 34	34 - 36	34 - 36	34 - 36	34 - 36
Chest (cm)	60 - 65	65 - 70	69 - 74	75 - 80	81 - 86	86 - 92	86 - 92	86 - 92	86 - 92
Waist (in)	21 - 23	23 - 25	24 - 26	26 - 27	27 - 29	28 - 30	28 - 30	28 - 30	28 - 30
Waist (cm)	52 - 57	57 - 62	61 - 66	65 - 69	69 - 74	71 - 76	71 - 76	71 - 76	71 - 76

MEASURE YOUR CHEST WAIST AND HEIGHT

Note - We recommend choosing the larger size if in between sizes.



1. CHEST
Relax your arms by your side and measure around the broadest part of your chest.



2. WAIST
Measure around your front from one hip to the other.



3. HEIGHT
Measure from the bottom of your back heel to the top of your head.